

GRANITE STATE SWIM ASSOCIATION

2008 Divisions I&III CHAMPIONSHIPS

Jenny Thompson Competition Pool
Dover, NH

AUGUST 2-3, 2008

Thank you again for a great GSSA Championship. Even though Mother Nature cut our meet short, we had many, many good times swum. Congratulations to all swimmers for an excellent championship. See you in 2009.

SITE: Jenny Thompson Competition Pool at Guppy Park, Dover, New Hampshire. A heated 50 meter and 25 yard pool, six (6) seven (7) foot lanes with non-turbulent lane lines. Fully-automatic Colorado Electronic timing system with Aqua-Grip touch pads at starting end, and touch pads at both ends of pool. Short course events will use Colorado automatic 3-button timing system. Diving well warm-up and warm-down area. Starting end is five feet deep. Large spectator area; bring lawn chairs for personal comfort.

MEET DIRECTOR:

Tim Paiva 603-759-6194
tim@seacoastswimming.com

MEET REFEREE: Mary Ann Lustgraaf

ELIGIBILITY: A swimmer may swim 3 individual events and relays consistent with GSSA bylaws.

Insurance Requirements: Teams entering this meet must comply with insurance requirements. A team may comply in one of two ways. 1) All athletes entered must be USA Swimming registered for 2008 and verifiable through New England Swimming. 2) Teams not meeting requirement #1 above must submit an official certificate of insurance stating that the team has insurance for their athletes that is in compliance with USA Swimming requirements. Once all certificates are submitted, we will apply to New England Swimming. All teams must respond by **no later than July 9, 2008** with either a statement that their athletes are registered or by submitting the certificate of insurance. Teams who qualify under #1 above may simply email their response to tim@seacoastswimming.com. Those who intend to qualify under #2 above must send the certificate to Tim Paiva, 4 Cailey Anna Lane, Dover NH 03820. We reserve the right to scratch athletes or teams who do not comply.

ENTRY INFORMATION: ALL ENTRIES FROM EACH TEAM MUST BE ON HY-TEK EITHER AS A DISK OR VIA EMAIL. Entries on a disk must be completed and received by 5 pm, TUESDAY July 22, 2008. Make checks payable to Granite State Swim Association. Mail OR HAND DELIVER completed entry to: Harry Hobbs 489 Sagamore Ave., Portsmouth, NH, 03801 - (603) 431-7696. Mailed entries should be sent by Certified Mail, Return Receipt Requested to insure delivery.

*****VERY IMPORTANT*****

COMPUTER ENTRIES: Events 1-32 (yard events) should be in one Hytek file and events 33-100 (meter events) should be in a second file. Send one email with the two (2) attached Hytek files (cl2) to SSA-GSSA@seacoastswimming.com. Insure that team address and contact information are entered correctly in the file, as this info will be used as your team contact for meet information. For email entries, payment must be received no later than July 28, 2007. It is no longer necessary to mail a hard copy of the entry but all teams must submit a signed copy of the wavier along with their payment.

ENTRY FEES: \$2.50 per individual event, \$6.00 per relay.

ENTRY TIMES: All entries must be in meter times for 11 and older events, and in yard times for 8 & Under and 9-10 events.

MEET FORMAT: The meet will be swum as pre-seeded timed finals. Relay cards are due 45 minutes before the relay event is swum. We reserve the right to reseed relays if there are large numbers of scratches.

WARMUPS: Warm up schedule will be distributed to each team participating in the meet. Coaches are responsible for supervising their swimmers during warm-up.

MEET WORK ASSIGNMENTS ARE ENCLOSED WITH THIS MEET INFORMATION. TIMING ASSIGNMENTS WILL BE POSTED AFTER ENTRIES ARE SUBMITTED. TIMERS MUST BRING WATCHES. SUNDAY EVENTS WILL HAVE TIMERS AT BOTH ENDS OF THE 50-METER POOL.

REFRESHMENTS: Seacoast Swimming Association will operate a full food concession.

RULES: 2008 U.S. Swimming technical rules will govern all competition.

MISCELLANEOUS: Teams are responsible for the behavior of their swimmers at all times. Any damage to the premises or equipment is the responsibility of those doing the damage. Granite State Swim Association, Seacoast Swimming Association and the City of Dover assume no responsibility for lost or stolen property. No glass containers are permitted anywhere in the park. No one is permitted on deck except athletes, coaches, and officials. No smoking is permitted in the park. *No animals (except service animals) are permitted in the park.*

DIRECTIONS: Take Exit 8E off of the Spaulding Turnpike in Dover. Follow signs for Route 4 East through downtown Dover. Jenny Thompson Competition Pool is approximately one mile on Route 4 (also known as Portland Ave.), on the left at the top of the hill.

PARKING: Parking is available in the lots surrounding the pool but not in the area directly adjacent to the ice arena. Parking is also available on city streets. NOTE THAT ILLEGALLY PARKED CARS OR CARS PARKED AT LOCAL BUSINESSES MAY BE TOWED.

SESSIONS: Final warm-up and start times will be announced once all entries are received. Below are estimated times for planning purposes.

SESSION I	SATURDAY, AUGUST 5	7:00 AM WARMUP	8:00 AM START
SESSION II	SATURDAY, AUGUST 5	2:30 PM WARMUP	3:00 PM START
SESSION III	SUNDAY, AUGUST 6	6:45 AM WARMUP	8:00 AM START

8 AND UNDERS/9-10 SWIM SESSION I 25-YARD COURSE
11-12, 13-14, 15-18 SWIM SESSIONS II AND III 50-METER COURSE

SCORING AND AWARDS

DIVISION I SCORED TO 12 PLACES (16-13-12-11-10-9-7-5-4-3-2-1) Relays double
DIVISION III SCORED TO 12 PLACES (16-13-12-11-10-9-7-5-4-3-2-1) Relays double
DIVISION I AND III Team awards top 3 teams
DIVISION I individual awards to 12th place
DIVISION III individual awards to 12th place

GSSA 2008 DIVISIONS I AND III

Bedford Swim Team	BST	Manchester Y Tiger Sharks	MYS
Blue Dolphins	BLUE	Oyster River Otters	ORO
Concord YMCA Sailfish	CONY	Peterborough Wave	PWSC
Exeter Swim Team	EST	Portsmouth Swim Team	PST
Gold Crush	GCST	Rockingham Area Swimming	RAYS
Hampshire Hills Seawolves	HHS	Seacoast Swimming Association	SSA
Lakes Region Wavemakers	LRW	YMCA of Greater Nashua	STORM
Manchester Swim Team	MST		

Teams will be assigned to Division III or I based on the number of swimmers entered in the meet. Teams will be divided so that each division will have as equal a number of swimmers as possible.

SEACOAST SWIMMING RECOMMENDED ACCOMODATIONS*

<u>HOTEL</u>	<u>ADDRESS</u>	<u>CITY</u>	<u>PHONE</u>
Comfort Inn & Suites	10 Hotel Drive	Dover, NH	603-750-7507 x 152
Lafayette's Oceanfront Resort	Mile Road	Wells Beach, Me.	207-646-2831
Microtel Inn & Suites	31 Webb Place	Dover, NH	603-953-0800

* - These area hotels support the sport of swimming by offering special meet weekend rates and/or sponsoring Seacoast Swimming events. Your patronage of these establishments is appreciated.

OTHER NEAR-BY ACCOMODATIONS

<u>HOTEL</u>	<u>ADDRESS</u>	<u>CITY</u>	<u>PHONE</u>
America's Best Inn	383 Woodbury Ave	Portsmouth, NH	603-431-4400
Anchorage Inn	417 Woodbury Ave.	Portsmouth, NH	603-431-8111
Best Western	Interstate Traffic Circle	Portsmouth, NH	603-436-7600
Best Western Hearthside	Portsmouth Ave.	Exeter, NH	603-772-3794
Comfort Inn	Route 1	Portsmouth, NH	603-433-3338
Courtyard by Marriott	1000 Market St.	Portsmouth, NH	603-436-2121
Day's Inn	481 Central Ave.	Dover, NH	603-742-0400
Day's Inn	Route One Bypass	Kittery, ME	207-439-5555
Fairfield Inn	Borthwick Ave. Ext.	Portsmouth, NH	603-436-6363
Hampton Inn	9 Hotel Drive	Dover, NH	603-516-5600
Hampton Inn	99 Durgin Lane	Portsmouth, NH	800-426-7866
Holiday Inn	300 Woodbury Ave.	Portsmouth, NH	603-431-8000
Holiday Inn Express	2 Main Street	Durham, NH	603-868-1234
New England Center	15 Strafford Ave.	Durham, NH	800-590-4344
Sheraton Portsmouth Hotel	250 Market St.	Portsmouth, NH	603-431-2300
Super 8 Motel	85 US Route 1 Bypass	Kittery, ME	207-439-2000

EVENTS SCHEDULE

SESSION I

GIRLS		BOYS
1	8 & UNDER 100 YARD MEDLEY RELAY	2
3	9-10200 YARD MEDLEY RELAY	4
5	8 & UNDER 25 YARD BUTTERFLY	6
7	9-10 50 YARD BUTTERFLY	8
9	8 & UNDER 50 YARD FREESTYLE	10
11	9-10 100 YARD FREESTYLE	12
13	8 & UNDER 25 YARD BREASTROKE	14
15	9-10 50 YARD BREASTSTROKE	16
17	8 & UNDER 25 YARD BACKSTROKE	18
19	9-10 50 YARD BACKSTROKE	20
21	8 & UNDER 25 YARD FREESTYLE	22
23	9-10 50 YARD FREESTYLE	24
25	8 & UNDER 100 YARD I.M.	26
27	9-10 100 YARD I.M.	28
29	8 & UNDER 100 YARD FREE RELAY	30
31	9-10200 YARD FREE RELAY	32

SESSION II

GIRLS		BOYS
33	11-12 200 M I.M.	34
35	13-14 200 M I.M.	36
37/39	15-16/17-18 200 M I.M.	38/40
41	11-12 200 M FREESTYLE	42
43	13-14 200 M FREESTYLE	44
45/47	15-16/17-18 200 M FREESTYLE	46/48

SESSION III

GIRLS		BOYS
49	11-12 200 M MEDLEY RELAY	50
51	13-14 200 M MEDLEY RELAY	52
53	15-18 200 M MEDLEY RELAY	54
55	11-12 100 M FREESTYLE	56
57	13-14 100 M FREESTYLE	58
59/61	15-16/17-18 100 M FREESTYLE	60/62
63	11-12 50 M BREASTSTROKE	64
65	13-14 100 M BREASTSTROKE	66
67/69	15-16/17-18 100 M BREASTSTROKE	68/70
71	11-12 50 M BUTTERFLY	72
73	13-14 100 M BUTTERFLY	74
75/77	15-16/17-18 100 M BUTTERFLY	76/78
79	11-12 50 M BACKSTROKE	80
81	13-14 100 M BACKSTROKE	82
83/83	15-16/17-18 100 M BACKSTROKE	84/86
87	11-12 50 M FREESTYLE	88
89	13-14 50 M FREESTYLE	90
91/93	15-16/17-18 50 M FREESTYLE	92/94
95	11-12 200 M FREE RELAY	96
97	13-14 200 M FREE RELAY	98
99	15-18 200 M FREE RELAY	100

2008 GSSA CHAMPIONSHIPS

DIVISIONS I AND III

TENTATIVE TEAM WORK ASSIGNMENTS

TIMING ASSIGNMENTS

Each team with another responsibility is given two timing assignments. Each timing assignment requires timers the entire session with stopwatches. For Session III, timers will be assigned to each end of the pool to minimize delays in walking timers from one end to the other. Timers must report 30 minutes prior to the start of the session. Teams may exchange timing assignments but must notify the meet director prior to the meet.

IT IS CRITICAL TO THE RUNNING OF THIS MEET THAT TEAMS ASSIGN RESPONSIBLE PEOPLE TO MEET THEIR TIMING RESPONSIBILITIES.

THREE TIMERS PER LANE REQUIRED SESSION I
TWO TIMERS PER LANE REQUIRED SESSIONS II AND III

	SESSION I Saturday 7:30AM	SESSION II Saturday 3:00PM	SESSION III Sunday 7:30AM	SESSION III Sunday 7:30AM FAR END
LANE 1	TBA	TBA	TBA	TBA
LANE 2	TBA	TBA	TBA	TBA
LANE 3	TBA	TBA	TBA	TBA
LANE 4	TBA	TBA	TBA	TBA
LANE 5	TBA	TBA	TBA	TBA
LANE 6	TBA	TBA	TBA	TBA
BACK-UP	HHS/BYST/CONY	HHS/BYST/CONY	HHS/BYST/CONY	HHS/BYST/CONY

TEAM WORK ASSIGNMENTS

Teams must ensure persons assigned report 30 minutes prior to start of each session and are available for the entire session

TASK	SESSION I	SESSION II	SESSION III
Meet Director	SSA	SSA	SSA
Facilities	SSA	SSA	SSA
Meet Referee	ORO	ORO	ORO
Computer	SSA	SSA	SSA
Entries	SSA	SSA	SSA
Colorado Timing	SSA	SSA	SSA
Programs	SSA	SSA	SSA
Heat Ribbons	STORM	STORM	GCST
Awards	LRW	LRW	LRW
Announcing	SSA	SSA	SSA
Head Timer	RAYS	RAYS	RAYS
Runners	MTS/BST	MTS/BST	MTS/BST
Office	PST/BLUE	PST/BLUE	PST/BLUE
Warm-up Pool	MST/PWSC	MST/PWSC	MST/PWSC
On Deck Checkers (2)	EST	XXX	EST
On Deck Checkers (1)	STORM	XXX	STORM

On Deck Checkers are only necessary during the 50's Session 3 and during the 25's Session 1